

Forest Hill United Church
'open doors, open hearts, open minds'



7th Sunday after Pentecost
July 16, 2023 10 a.m.



WELCOME to worship!

Gathering

** Please rise in spirit or in body as you are able

Prelude: Come Let Us Sing of a Wonderful Love VU 547

Welcome, Announcements & Acknowledgement:

Land Acknowledgement

At Forest Hill United Church, we acknowledge that our church is built on ancestral, traditional and unceded Wolastoqiyik (wolas-to-qiyik) land.

Declaration of a Safe Place

Forest Hill United Church is a safe place for people to gather, regardless of race, creed, age, cultural background, family status, sexual orientation and gender identity.

Lighting of the Christ Candle

**Introit: Spirit Open My Heart refrain MV79
**Spirit, open my heart to the joy and pain of living.
As you love may I love, in receiving and in giving,
Spirit, open my heart.**

Call to Worship:

Our help is in the name of the Lord, who made heaven and earth.

Thanks be to God through Jesus Christ our Lord.

Let us worship God.

Gathering Prayer: (All)

You are our guardian and our shield, O God; our protector who keeps us from falling. You surround us with righteousness that wards off evil forces. In Christ is assurance to withstand ways that may tempt us. You shower us with your mercy that cleanses wrongdoing. You temper your judgement with compassion. We stand in adoration and in praise of your name. Amen

**Opening Hymn: Draw the Circle Wide MV 145

Intergenerational Time:

Prayer that Jesus Taught: Paraphrased by Sarah Dylan Breuer

Loving Creator we honour you,
and we honour all that you have made.
Renew the whole world in the image of Your love.
Give us what we need for today,
and a hunger to see the whole world fed.
Strengthen us for what lies ahead;
heal us from the hurts of the past;
give us courage to follow your call in this moment.
For your love is the only power,
the only home, the only honour we need,
in this world and in the world to come.
Amen.

**Hymn of Praise: Though Ancient Walls VU 691
Those going to Sunday School will leave after the first verse

Prayer of Self Reflection:

O God, your mercy continues to shield us as we seek faithfully to follow your will. Save us from ourselves when we do foolish things. We pray; "lead us not into temptation" and we ask that you will hear us. Give us wisdom and surround us with guidance as we act out Christ's call. As foes taunt us or defame our good name, help us find in your love strength to endure. Give us courage to work on behalf of the oppressed. May our

**measure of conviction make us bold to suffer for their sakes. May we never lose heart as we work against enemies of your desire for peace.
You preserve us and nurture us and keep us from falling. Through our Saviour Christ Jesus, our lives are secure. As you sent Christ into the world for our sakes, may we courageously serve in His name, secure in the promise that you name us your own. Amen**

-silent reflection-

Words of Assurance:

Exploring

Words from Our Bible:
Romans 7:14-25
Matthew 11:25-30

One: In this is the word of God for the people of God.
All: **Thanks be to God**

**Hymn of Reflection:

Reflection:

Special Music:

Responding

Presentation and Dedication of our Gifts

Sung Response: Praise God from Who, All Blessings Flow VU 541
**Praise God from whom all blessings flow;
praise God all creatures high and low;
give thanks to God in love made known:
Creator, Word and Spirit, One.**

Prayers of our Community:

Sung Response: Take, O Take Me As I Am MV 85
**Take, O take me as I am;
summon out what I shall be;
Set your seal upon my heart
and live in me.**

**Closing Hymn: Sent Forth By God's Blessing VU 481

Commissioning and Blessing:

**Choral Amen: When You Walk from Here VU298
**When you walk from here,
when you walk from here,
walk with justice, walk with mercy,
and with God's humble care.**

Postlude: Saviour Again to Your Dear Name VU 426

OFFICE

(506) 455-0988 | foresthillunited.com

Worship Leader – Reverend Lisa Greenwood
Pastoral Care – Rev. Ian Manson 506-333-8318 and
Diane Robinson 506-459-8779

Usher – Jean Fisher
Tellers – Lorna McKnight
Hospitality – Diane Robinson
Music – Alex Good, Brian Cassidy,
Libby Cassidy and Anthony Lecaillon

Administrative Assistant - Kris Yarych
Tuesday & Thursday 8:45 to 11:45 a.m.
