

Forest Hill United Church
'open doors, open hearts, open minds'



Lent 1 – March 1, 2020 10 a.m.

WELCOME to worship!

OFFICE HOURS

(506) 455-0988 | foresthillunited.com

Minister - Rev. Deborah Ambridge Fisher
Monday and Tuesday 8:45 a.m. to 2:45 p.m.
revdeborahfhuc@gmail.com (506) 999-4189 [cell]

Minister Emeritus – Rev. Bob Jones Ph.476-8020

Musical Director – Alex Good

Greeters – Mary Grant and Robert Christie

Tellers – Jennifer Abbott and Mary-Anne Blakney

Administrative Assistant - Kris Yarych

Tuesday 1:45 – 4:45 p.m. & Thursday 12:45-3:45 p.m.
foresth.office@bellaliant.com

Gathering

*At the **, please rise or remain seated as you desire.*

Prelude

Lighting of the Christ Candle and Extinguishing Lenten Candle

**Introit: 108 VU verse 1

Throughout these Lenten days and nights
we turn to walk the inward way,
where, meeting Christ, our guide and light,
we live in hope till Easter Day.

Welcome

Call to Worship:

One: Forbidden fruit is such a delight to the eye
All: God is our Delight
One: Forbidden pleasures tug at us each day
All: God is our Joy
One: Temptation is everywhere
All: We can live as God intends,
through Christ who strengthens us
One: let us praise the Lord who saves us from the time of
trial
All: Praise the Lord, our delight and our joy

Gathering Prayer: (All)

Walk with us, faithful traveller,
as we journey with Christ
Through the season of lent
Help us overcome the temptations we face
each and every day.
Save us from the time of trial,
and send your angels to minister us in times of weakness.
Raise us to newness of life,
through the gift of your Spirit
and the love of your Son. Amen.

At Forest Hill United Church, we acknowledge that our church is
built on ancestral, traditional and unceded Wolastoqey land.

Forest Hill United Church is a safe place for people to gather,
regardless of race, creed, age, cultural background, family status,
sexual orientation and gender identity.

For detailed announcements please see the
announcement page on the bulletin boards or easel in the sanctuary.

****Opening Hymn:** Because You Came MV 64
Story Time: In the Garden
Prayer that Jesus Taught
****Song of Praise:** Blessed Assurance VU 337

During hymn, children and teachers will leave for Sunday School.

Prayer of Confession

Promise of Assurance

Exploring

Minutes for Mission May Houston

Words from Our Bible: Diane Robinson

Genesis 2:15-17, 3:1-7
Psalm 32 VU759
Matthew 4:1-11

One: In this is the word of God for the people of God.
All: Thanks be to God

Special Music: Into Temptation by Crowded House

Reflection: The Temptation of Christ

****Hymn of Reflection:** VU 611
Out of the Depths, O God, We Call to You

Responding

Presentation of Our Gifts

****Offering Verse:** Simple Gifts

‘Tis the gift to be simple, ‘tis the gift to be free,
‘Tis the gift to come down where we ought to be,
and when we find ourselves in the place just right,
‘Twill be in the valley of love and delight.

****Prayer After Giving:**

Prayers of Our Community:

VU 400

Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
send us love, send us power, send us grace!

****Closing Hymn:** Jesus, Tempted in the Desert VU 115

****Sharing the Light**

****Commissioning and Benediction:**

****Choral Amen:**

May the road rise to meet you;
May the wind be always at your back;
May the sun shine warm upon your face;
May the rain fall soft upon your fields;
And until we meet again;
May God hold you in the palm of his hand.

Postlude

Please join us for coffee and conversation after worship

Forest Hill Important Dates

1. FHUC Book Club March 3rd.
2. March 22: Please plan to join in celebrating Graham and Patricia Powell's 60th wedding anniversary-- after church from-11:15-1:15. Best wishes only. There will be a light lunch provided.

If we need to cancel services due to poor weather, a cancellation notice will be on the main telephone line (455-0988), the Facebook page and an email will be sent to the congregational list by 8:30 a.m.