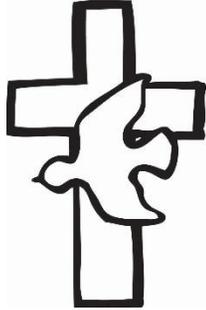


# Forest Hill United Church

*'open doors, open hearts, open minds'*



**1<sup>st</sup> Sunday in Lent**  
**March 10, 2019 10 a.m.**

Easy to spot a yellow car  
when you are always thinking of a yellow car.  
Easy to spot opportunity  
when you are always thinking of opportunity.  
Easy to spot reason to be mad  
when you are always thinking of being mad.  
You become what you constantly think about.  
Watch yourself.

**WELCOME** to worship!

Our worship leader is **Rev. Deborah Ambridge Fisher.**

Our music is led by guest **Margaret MacDonald'**  
and the **FHUC Choir.**

Our greeter this morning is **Jennifer Abbott.**

Our hospitality host is **May Houston**  
and our tellers are **Mary Grant** and **Jean Fisher.**

*At Forest Hill United Church, we acknowledge that our church is built  
on ancestral, traditional and unceded Wolastoqey land.*

*Forest Hill United Church is a safe place for people to gather,  
regardless of race, creed, age, cultural background, family status,  
sexual orientation and gender identity.*

## Gathering

*At the \*\*, please rise or remain seated according to your needs.*

### Prelude

### Lighting of the Christ Candle

Today as we light the Christ Candle to remind ourselves of a “with us” God, we also extinguish one Lenten Candle to remind us of the sacrifice God made for the love of us. As we do this we bring to mind the colour red and all the images it invokes for us. Red, the colour of anger and blood. Sunrise and sunset. High heels and silk ribbons. Red is the colour of life giving fire. Red, is the Holy Spirit. One candle is lit, one is extinguished.

**\*\*Introit: As the Sun with Longer Journey VU 111 V1**  
*(sung together)*

As the sun with longer journey melts  
the winter's snow and ice,  
with its slowly growing radiance  
warms the seed beneath the earth,  
may the sun of Christ's uprising  
gently bring our hearts to life.

### Welcome & Church News

### Call to Worship:

One: God, we come to you in all our many colours. Our sad blues and excited rosy reds.

**All: We come, bringing our grief and joy.**

One: We come to you in our shifting colours, moods changing with the seasons.

**All: We come, bringing our chaotic selves.**

One: We come to you in fantastic sparks of colour

**All: We come, ringing our creativity, our passions and our talents.**

One: We come to you in all our muted hues.  
**All: We come, bringing our frustrations, losses and disappointments.**  
One: We come to you, as we are, as you made us.  
**All: We come, bringing our entire being... knowing that in us, You are well pleased.**

### Gathering Prayer

God of the rainbow we come to you in this season of Lent with mixed emotions. As we look forward to the coming of Spring we also dread the coming of that Friday when all the earth was covered in cloud so dark day turned to night. Remind us, oh God that it was you who sent the cloud, it is you in the darkness that precedes the dawn. Reminds us that what we call our Dark Days are really just the days in which we can become closer to You. Days in which the bright lights of the world around us can be muted enough for us to hear our innermost thoughts. Remind us that Your darkness enfolds us in comfort and safety. Through You, with You and in You, we are never alone. Amen.

**\*\*Opening Hymn:** On Eagle's Wings VU 808-9

### Exploring

**Children's Time** Burying the Alleluia

### Prayer that Jesus Taught:

Eternal Spirit Earth-Maker, Pain-bearer, Life-giver,  
source of all that is and that shall be,  
Father and Mother of us all.  
Loving God, in whom is heaven.  
The hallowing of your name  
echoes through the universe!  
The way of your justice be followed by the peoples  
of the earth! Your heavenly will be done  
by all created beings!

-3- Continued ----->

Your commonwealth of peace and freedom  
sustain our hope and come on earth.  
With the bread we need for today, feed us.  
In the hurts we absorb from one another,  
forgive us.  
In times of temptation and test,  
spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever.  
Amen.  
From the New Zealand Prayer Book

*After the Prayer that Jesus Taught,  
children and teachers will leave for Sunday School.*

### Prayer of Confession

### Promise of Assurance

### Words from Our Bible:

**Judi Day**

Duet 26:1-11  
Psalm 91 VU Page 807 with refrain  
Luke 4:1-13

One: This is the Word of God for the people of God.  
**All: Thanks be to God!**

**Anthem:** I Have Called You by Your Name MV #161

### Reflection

**\*\*Hymn of Reflection:** Dust and Ashes Touch Our Face VU 105

### Responding

### Presentation of Our Gifts

-4-

**\*\*Offering Verse: As the Sun with Longer Journey VU 111 V2**

Through the days of waiting,  
watching in the desert of our sin,  
searching on the far horizon  
for a sign of cloud or wind,  
we await the healing waters  
of our Savior's victory

**\*\*Prayer After Giving**

**Prayers of Our Community**

Please advise us if people need to be added to or taken off the list.

**\*\*Closing Hymn: To the Desert Jesus Came VU 113**

**\*\*Sharing the Light**

**\*\*Commissioning and Benediction**

**\*\*Choral Amen: As the Sun with Longer Journey VU 111 V3**  
*(sung together)*

Praise be given to the  
Maker of the seasons' yearly round:  
to the Speaker through the Spoken  
in their living Breath of love  
as the ever turning seasons  
roll to their eternal rest.

**Postlude**

*Please join us for coffee and conversation after worship!*

**OFFICE HOURS**

**(506) 455-0988 | foresthillunited.com**

Administrative Assistant - **Kris Yarych**  
Tuesdays & Thursdays from 12:45 - 3:45 p.m.  
foresth.office@bellaliant.com

Minister - **Rev. Deborah Ambridge Fisher**  
Monday, Tuesday and Thursday 1-4, and any other time by appt.  
email revdeborahfhuc@gmail.com (506) 999-4189 [cell]

## Church News

### COMING UP @ FHUC

<b>Lenten Study</b>	1:00 p.m.
<b>Quilt Group</b>	Wednesdays 1:00 p.m. - 3:00 p.m. Upper Room

**Lenten Study** March 10, 2019, from 1:00 p.m. to 2:00 p.m. Learning to Walk in the Dark by Barbara Brown Taylor, which can be purchased downtown at Westminster Books.

**Congregational Meeting** regarding land use. March 17th after service.

**Theology on Tap** will be held on the third Monday of March (the 18<sup>th</sup>) from 8:00 p.m. to 10:00 p.m. Please join us at Dolan's Pub.

**Are you able to help** with some graphic work? Or do you know anybody who can? Please speak with Reverend Deborah.

**Stacking black chairs** In order to prevent potential injury to our cleaner and others, please do not stack the black chairs more than 7 high on a carrier. Many thanks.

**Electrical costs** are increasing. Please be sure that the room thermostats are turned down and cupboard and room lights are turned off when you leave. Thank you. Church Management.

**Reverend Deborah** would love a matched set of wing back chairs for the study. Please let us know if you have anything.

**Your favourite hymns** are being requested. Please fill out a ballot and put your selection in the box at the back of the church.

**Photos or video** may be taken for use on our web site and social media sites. Please advise a board member if you do not want your photo used on-line.

**It is sometimes necessary** to cancel services due to serious storms. A decision to cancel is made very early in the day. We put cancellation notices on our main telephone number (455-0988) and send an email to congregation members no later than 8:30 am. We also post cancellations on our Facebook page (viewable on the left side of our main web page).

**Scripture Readers** are needed each week to assist during Worship Services. Please help Patricia Powell (455-8602), who coordinates readers, by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (√), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the Chart.

## Community Events

**The UCW of St. Paul's United Church**, on the corner of York and George Streets in Fredericton, will be hosting a BRIDGE LUNCHEON on Saturday, March 16th at 12 noon. Reserve your table of 4 people for \$48.00 by telephoning Isabel Green at 459-7116. Register early! Enjoy a delicious lunch, door prizes, and your favorite pastime!!

**Climate Change Learning Event at Wilmot Church**, Saturday March 16<sup>th</sup> 2-4 – Presentation & Facilitated Discussion  
Want to understand more about Climate Change? Wondering how you can contribute to a response? Wilmot's 'Care for the Earth' team is hosting Climate expert, Carl Duivenvoorden, to present on the science, the causes, and the solutions we already have to address this important issue. There will also be a facilitated discussion following the presentation. (The flyer provides more information on Carl's background and his presentation.) Plan to attend and bring your friends!

**Enjoy a JIGGS DINNER** at 5:30 p.m. Saturday, March 16<sup>th</sup>, at Nashwaaksis United Church, 46 Main Street, featuring corned beef, cabbage, carrots, turnip, potatoes, pease pudding and dessert for \$14. Reservations only – phone Larry and Helen Forward, 457-1338 by March 13th.

**“The Universal Christ: another name for everything”** features keynote speakers Richard Rohr, John Dominic Crossan and Jacqui Lewis. The event will be live webcast March 28-31 at Marysville United Church, 351 Canada Street. Sessions: Thursday March 28, 5:30-8:30 pm; Friday March 29, 2:15 -9:00 pm; Saturday March 30, 11:30 am - 8:30 pm; and Sunday March 31, 12 -3:30. Cost is \$30 for the event or \$12.00 per session. The schedule can be found on the Facebook Page: Universal Christ: Fredericton. Register by sending your name, email, phone number to our email. Please note if you will be attending the whole event. If not, please indicate the sessions you will be present. [universalchristfredericton@gmail.com](mailto:universalchristfredericton@gmail.com)

## Minutes for Mission / Embracing the Spirit

Rob Dalgleish, Executive Director of EDGE, says the growth of Embracing the Spirit, a Mission & Service program, demonstrates that there is an appetite across the church to experiment with new forms of worship and ministry. Embracing the Spirit is a Mission & Service program, learning network, and innovation fund. As Dalgleish notes: “People sometimes ask me, ‘What do art shows or cooking classes have to do with church?’ I tell them it’s about loving your neighbour and the neighbourhood. Changing lives for the better, whether economically, socially, environmentally, or through more traditional spiritual practices, is an act of love. It’s an expression of the abundant life that was Jesus’ purpose. Through our own deepening discipleship, it becomes an opportunity to introduce people to who Jesus is and the way he invites us to walk.”

The Embracing the Spirit learning network consists of more than 300 people receiving guidance from more than 80 mentors. These mentors include retired professionals who are willing to lend their skills and expertise to help others. Another part of the program is the Social Innovation Challenge, where participants can develop a concept, discover new partners, and compete for start-up funding. There have been 11 Social Innovation Challenges so far, which bring a spiritual bottom line to entrepreneurship.

If Mission & Service giving is already a regular part of your life, thank you so much! If you have not given, please join me in making Mission & Service giving a regular part of your life of faith. Loving our neighbour is at the heart of our Mission & Service.

God: "I have a plan for your life"  
What it feels like:

