

# Forest Hill United Church

*'open doors, open hearts, open minds'*



**5<sup>th</sup> Sunday in Lent**  
**April 7, 2019 10 a.m.**

When you reach the end of your rope,  
tie a knot in it and hang on.  
Franklin D. Roosevelt

WELCOME to worship!

Our worship leader is Rev. Deborah Ambridge Fisher.

Our music is led by Alex Good  
and the FHUC Choir.

Our greeter this morning is May Houston.

Our hospitality host is Jennifer Abbott.

Our Sunday School Teachers are Karen Flinn, Libby Cassidy  
and Beth Ann MacKinnon

and our tellers are May Houston and Joan Mitchell.

*At Forest Hill United Church, we acknowledge that our church is built  
on ancestral, traditional and unceded Wolastoqey land.*

*Forest Hill United Church is a safe place for people to gather,  
regardless of race, creed, age, cultural background, family status,  
sexual orientation and gender identity.*

## Gathering

*At the \*\*, please rise or remain seated according to your needs.*

### Prelude

### Lighting of the Christ Candle

Today as we light the Christ Candle to remind ourselves of a “with us” God, we also extinguish five Lenten Candles to remind us of the sacrifice God made for the love of us. As we do this we bring to mind the colour yellow and all the images it invokes for us. Yellow, the colour of fear and anxiety. Sun lit days and star shine nights. Pinwheels and fireworks. Yellow is the colour of life giving sunshine. One candle is lit, five are extinguished.

**\*\*Introit:** As the Sun with Longer Journey VU 111 V1

As the sun with longer journey  
melts the winter's snow and ice,  
with its slowly growing radiance  
warms the seed beneath the earth,  
may the sun of Christ's uprising  
gently bring our hearts to life.

### Welcome & Church News

### Call to Worship:

One: God, we come to you in all our many colours.  
Our sad blues and excited rosy reds.

**All: We come, bringing our grief and joy.**

One: We come to you in our shifting colours,  
moods changing with the seasons.

**All: We come, bringing our chaotic selves.**

One: We come to you in fantastic sparks of colour

**All: We come, bringing our creativity,  
our passions and our talents.**

One: We come to you in all our muted hues.  
**All: We come, bringing our frustrations, losses and disappointments.**  
One: We come to you, as we are, as you made us.  
**All: We come, bringing our entire being... knowing that in us, You are well pleased.**

### Gathering Prayer

God of the rainbow we come to you in this season of Lent with mixed emotions. As we look forward to the coming of Spring we also dread the coming of that Friday when all the earth was covered in cloud so dark day turned to night. Remind us, oh God that it was you who sent the cloud, it is you in the darkness that precedes the dawn. Remind us that what we call our Dark Days are really just the days in which we can become closer to You. Days in which the bright lights of the world around us can be muted enough for us to hear our innermost thoughts. Remind us that Your darkness enfolds us in comfort and safety. Through You, with You and in You, we are never alone. Amen.

**\*\*Opening Hymn:** Behold, Behold, I Make All Things New MV115

## Exploring

### Children's Time

#### Prayer that Jesus Taught (All)

Eternal Spirit Earth-Maker, Pain-bearer, Life-giver,  
source of all that is and that shall be,  
Father and Mother of us all.  
Loving God, in whom is heaven.  
The hallowing of your name  
echoes through the universe!  
The way of your justice be followed by the peoples  
of the earth!  
Your heavenly will be done by all created beings!

-3- Continued ----->

Your commonwealth of peace and freedom  
sustain our hope and come on earth.  
With the bread we need for today, feed us.  
In the hurts we absorb from one another,  
forgive us.  
In times of temptation and test, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever.

Amen.  
From the New Zealand Prayer Book

*After the Prayer that Jesus Taught,  
children and teachers will leave for Sunday School.*

### Prayer of Confession

### Promise of Assurance

### Words from Our Bible:

**Mary Grant**

Isaiah 43:16-21  
Psalm 126 VU Page 850 with Refrain 2  
John 12:1-8

One: This is the Word of God for the people of God.  
**All: Thanks be to God!**

**Special Music:** Wild Hearts Can't Be Broken by Pink

### Reflection

**\*\*Hymn of Reflection:** Be Thou My Vision VU 642

## Responding

### Minute for Mission

Diane Robinson

### Presentation of Our Gifts

**\*\*Offering Verse:** As the Sun with Longer Journey VU 111 V2  
Through the days of waiting, watching  
in the desert of our sin,  
searching on the far horizon  
for a sign of cloud or wind,  
we await the healing waters  
of our Saviour's victory.

### \*\*Prayer After Giving

### Prayers of Our Community

Lord, listen to your children praying, VU 400  
Lord, send your Spirit in this place;  
Lord, listen to your children praying,  
send us love, send us power, send us grace!

**\*\*Closing Hymn:** Said Judas to Mary VU 129

### \*\*Sharing the Light

### \*\*Commissioning and Benediction

**\*\*Choral Amen:** As the Sun with Longer Journey VU 111 V3  
Praise be given to the Maker  
of the seasons' yearly round:  
to the Speaker through the Spoken  
in their living Breath of love  
as the ever turning seasons  
roll to their eternal rest.

### Postlude

*Please join us for coffee and conversation after worship*

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## OFFICE HOURS

(506) 455-0988 | foresthillunited.com

Administrative Assistant - *Kris Yarych*  
Tuesdays & Thursdays from 12:45 - 3:45 p.m.  
foresth.office@bellaliant.com

Minister - *Rev. Deborah Ambridge Fisher*  
Monday, Tuesday and Thursday 1-4, and any other time by appt.  
email revdeborahfhuc@gmail.com (506) 999-4189 [cell]

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## Church News

### COMING UP @ FHUC

Lenten Study	Today at 1:00 p.m. in the Library
Quilt Group	Wednesdays 1:00 p.m. - 3:00 p.m. Upper Room
Movie Night	Friday April 12 at 7 p.m. The King's Speech

Lenten Study: April 7 from 1:00 p.m. to 2:00 p.m. Learning to Walk in the Dark by Barbara Brown Taylor, which can be purchased downtown at Westminster Books or signed out from the Public Library.

Movie Night: Friday April 12, 2019 at 7:00 p.m. The King's Speech. Suitable for ages 14+ due to some coarse language. Popcorn and tea will be served.

Forest Hill UCW will meet on Monday April 15 at 2 p.m. at the home of Doreen Kissick, 792 Burden St. All ladies of the congregation are invited to join us.

Thank you to all who have and are saving us money, by meeting in smaller rooms that are easier to heat and turning down thermostats when leaving rooms. You will also see changes in the bulletin as we decrease the use of **BOLD** print and reduce our toner use. Church Management Committee.

A Lenten Challenge is to use less plastic. If you want a copy of the challenge, please ask Reverend Deborah.

Decluttering Lenten Challenge: A box will be available for people who would like to donate small items that they are not able to get to their charity of choice.

Theology on Tap will be held on the third Monday of April (the 15<sup>th</sup>) from 8:00 p.m. to 10:00 p.m. Please join us at Dolan's Pub.

Holy Week Services: Maundy Service Thursday April 18<sup>th</sup> at 6 p.m.  
Good Friday Service Friday April 19<sup>th</sup> at 11 a.m. Sunrise Service  
Sunday April 21<sup>st</sup> at sunrise.

Hike for Hospice: The Hike for Hospice is taking place on Sunday, May 5<sup>th</sup>. Once again, Forest Hill will have a team participating in this event. If you would like to join the team, sponsor someone on the team or get more information about the event, please contact Jennifer Abbott (454-2829).

The Forest Hill Book Club will meet on Tuesday, May 7<sup>th</sup> in the Church parlour at 12 noon. The book for May is Americanah by Chimamanda Ngozi.

Reverend Deborah would love a matched set of wing back chairs for the study. Please let us know if you have anything.

Your favourite hymns are being requested. Please fill out a ballot and put your selection in the box at the back of the church.

Photos or video may be taken for use on our web site and social media sites. Please advise a board member if you do not want your photo used on-line.

It is sometimes necessary to cancel services due to serious storms. A decision to cancel is made very early in the day. We put cancellation notices on our main telephone number (455-0988) and send an email to congregation members no later than 8:30 a.m. We also post cancellations on our Facebook page (viewable on the left side of our main web page).

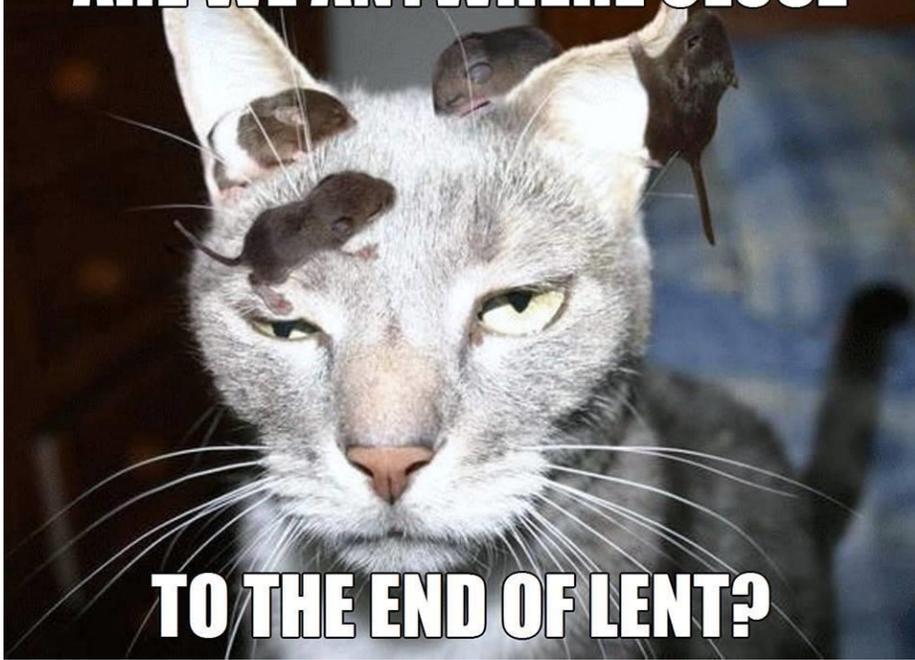
Scripture Readers are needed each week to assist during Worship Services. Please help Patricia Powell (455-8602), who coordinates readers, by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (✓), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the Chart.

## Community Events

Joy Network is excited to present the Sky Terminal "Glow Festival" concert coming to Fredericton, April 12 at 131 Duncan Lane Fredericton. Doors open at 6 p.m. and it's for the whole family! There are fun events happening for kids such as bouncy castles and Pastor's Hour of Prayer. Tickets are \$15/individual or \$20/family purchased in advance (at the JoyFM office, 515 St. Mary's Street) or \$20/individual at the door. Ticket price per child under 12 is \$5.

Candlelight Concert for Palm Sunday: The congregation of Brunswick Street Baptist Church invite you to join them for this worship concert being offered on Sunday, April 14 at 6:30 p.m. Vocal soloists include Beth Snow, Giselle Tranquilla and David Steeves with instrumental soloists Scott Kennedy, violin and Susan Tingley Howey, flute in addition to music of the adult choir. The offering from the concert is designated to support the work of the Fredericton Community Clinic. A reception will follow.

**ARE WE ANYWHERE CLOSE**



**TO THE END OF LENT?**