

Forest Hill United Church

'open doors, open hearts, open minds'



**19th Sunday after Pentecost
September 30, 2018 10 am**

“Life is like the river, sometimes it sweeps you gently along
and sometimes the rapids come out of nowhere.”
— Emma Smith

WELCOME to worship! It is good that you are here.
Our worship leader is **Rev. Deborah Ambridge Fisher**.
Our music is led by music director **Alex Good**
and the **FHUC Choir**.

Our greeters this morning are **Lorna McKnight** and **Joe Rideout**.
Our Sunday School Teachers are **Jula Hughes** and **Libby Cassidy**
and our tellers are **Jennifer Abbott** and **Mary-Anne Blakney**.

*Forest Hill United Church is a safe place for people to gather, regardless
of race, creed, age, cultural background, family status, sexual
orientation and gender identity.*

Gathering

At the **, please rise or remain seated according to your needs.

Prelude

Land Acknowledgement

*At Forest Hill United Church, we acknowledge that our church is built on
ancestral, traditional and unceded Wolastoqey land.*

Lighting of the Christ Candle

****Introit:** (sung together twice)

MV2

**Come all you people, come and praise your Maker,
come all you people, come and praise your Maker,
come all you people, come and praise your Maker,
Come now and worship the Lord.**

Welcome & Church News

Call to Worship:

- One: Everyone let us come loudly praising God
All: But isn't this a holy place of prayer and reflection
One: Yes, and God is the creator of the whole world. The
quiet of the breeze whispering through the trees, the
bomb of thunder rumbling, the sweet sound of birds
singing and water lapping on the shore. Creation
worships in so many ways.
**All: Through prayers, song, reflection and sacred story we
experience God**
One: We also experience God in swimming and chocolate
bars, in dancing and Netflix, in our health and families,
through moments of peace and hope given through Art
and the sharing of food with friends. We experience God
in so many places every day!

All: The light of God does shine and call us back to the creator in so many ways

One: So let us worship enthusiastically the God whose joyful laughter rings through creation.

Gathering Prayer (said by all in unison)

Thank you for this amazing experience, camping with these wonderful people. Thank you for this beautiful space and the things that bring me joy. This is a fantastic gift and thank you for helping me appreciate it. Finally thank you God for life itself and the opportunity to experience these truly beautiful things. Amen.

****Opening Hymn:** O Great Earth

Exploring

Children's Time The Story of Jonah by Reverend Michelle

Prayer that Jesus Taught: (spoken together)

After the prayer the children and teachers will leave for Sunday School.

Words from Our Bible:

Psalm 107 VU 832 Part 3

Mark 4:35-41

John 7:37-41

One: This is the Word of God for the people of God.

All: Thanks be to God!

Special Music: Keep the Banner Flying High
by Graham Kendrick sung by Muriel Falkenstein

Reflection

****Hymn of Reflection:** Jesus Calls Us

VU 562

Responding

Presentation of Our Gifts

****Offering Verse:** (sung together twice)

MV 189

Jesus, we are here; Jesus, we are here;
Jesus, we are here; we are here for you.

****Prayer After Giving**

Prayers of Our Community

(Sung response)

VU 400

**Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
send us love, send us power, send us grace!**

****Closing Hymn:** I, the Lord of Sea and Sky

VU 509

****Sharing the Light**

****Commissioning and Benediction**

One: God's love, grace and majesty is witnessed in all of creation

All: With eyes open to this great gift we are truly blessed

One: The soil under our feet, the wind that blows our hair, the fire that dances in the dark and the waves that lap the shoreline call to us telling us about the Goodness of God.

All: With hearts and minds full of God's presence we are called to take our place in the world

One: Preserving the messages given to us and sharing the Good News of God's love with each generation

-4- continued ----->

All: We join in the laughter and life of God, loving abundantly, sharing generously, praising joyfully through Christ we live. Amen

****Choral Amen: (sung together)**

**Go now in peace. Never be afraid.
God will go with you each hour of every day.
Go now in faith, steadfast, strong and true.
Know God will guide you in all you do.
Go now in love, and show you believe.
Reach out to others so all the world can see.
God will be there watching from above.
Go now in peace, in faith, and in love.**

Postlude

Written by the participants of the Youth Retreat 2018.

***Please join us for coffee and conversation
after worship!***

OFFICE HOURS

(506) 455-0988 | foresthillunited.com

Administrative Assistant - **Kris Yarych**
Tuesdays & Thursdays from 12:45 - 3:45 pm
foresth.office@bellaliant.com

Minister - **Rev. Deborah Ambridge Fisher**
Monday, Tuesday and Thursday 1-4, and any other time by appointment
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Church News

COMING UP @ FHUC

Quilt Group

Mondays 10:00 am -12:00 pm Upper Room

Please go to the Forest Hill United Church Website

www.foresthillunited.com/50th-anniversary There you will find the description, with photos and videos, of our "How Great Our Art" weekend. It is at the end of the full account of our Anniversary year. Video of the Dedication of the 50th Anniversary banner is also on FHUC's Facebook Fanpage.

World Communion Day/Thanksgiving Day is October 7th.

October 14th Reverend Richard Bowley will be at FHUC, while Reverend Deborah will be at St. Paul's United Church.

Our next fundraiser, apple pie making, is scheduled to take place on Saturday, Oct 20 from 8:30am until we are finished which is usually around 3. Currently we only have 15 people signed up to help with this event and we will need 20-25 people to make this happen without undue pressure on those who are helping. If you who are able to help with this either for all or part of the day, please contact Diane Robinson as soon as possible so that a decision can be made as to whether we are able to manage this event. For those of you have already committed to helping out, thank you; and please note that it will be happening on Oct 20th not Oct 27 as originally was posted on the sheet.

Theology on Tap Please join us at Dolan's Pub on the third Monday of October (the 15th) from 8:00 pm to 10:00 pm.

Scripture Readers are needed each week to assist during Worship Services. Please help Patricia Powell (455-8602), who coordinates readers, by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (√), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the Chart.

Pumpkin Carving Love the carving but hate the mess? Never carved a pumpkin before? Don't like carving alone? Join us for pumpkin carving at **Forest Hill United Church Friday Oct 26 from 4 to 8 pm. B.Y.O.P.** (bring your own pumpkin). We will supply cider and roasted pumpkin seeds. We have a limited supply of knives/tools, so bring your own if you can. Feel free to wear costumes and leave the mess with us. If you are interested, there will be a workshop on pattern carving (\$25 or \$15 if you have your own tools). Pre-registration is required for the workshop. For more information, contact Margie Roxborough at 455-0576.

PUMPKIN SMASH! Sat. Nov. 3 from 2-4 pm at **Forest Hill United Church**. For \$2 you can use our giant slingshot to smash your Hallowe'en pumpkin or one of ours. Bragging rights for the longest distance and the most spectacular smash! As the parking lot will be the smash zone, please park at St. Margaret's or Bliss Carman. Call Margie Roxborough (455-0576) for details or to arrange for drop-off/pick up of unwanted pumpkins to use in the smash.

Ushers/Greeters needed: Please check your schedule to see if you are available for one or more Sundays to help out with set up and greeting our congregation on Sunday mornings. Signup sheet is on the back table. If you have any questions please feel free to ask me. Many thanks. Lorna McKnight

Community Events

New Maryland United Church Salmon Supper, Sunday, Oct. 14 at New Maryland Rec Centre (754 New Maryland Highway)
Sittings: 4 PM and 5:30 PM Take-Outs Available - Tickets \$17
Call 459-3313 or 455-1948

The UCW of Nashwaaksis United (46 Main St.) will be holding their annual BRIDGE LUNCHEON on Thursday, Oct. 18th, at 12 noon
Please call Connie at 472-4744 to reserve your table (\$40).

Minute For Mission A Place to Find Tangible Help

Our gifts for Mission & Service support community ministries like Back Door Mission in Oshawa, Ontario.

Adrian, Sherri, and their young daughter are just three of the people whose lives have been changed by the ministry of the Back Door Mission. When Adrian lost his job due to a work injury in 2015, his disability payments were inadequate to the challenge of providing for his family. After Adrian and Sherri's mortgage foreclosed and they lost their home, they turned to a homeless shelter and then emergency housing before being forced to live in their car.

At risk of losing their child for violating the regulations of the Children's Aid Society, the couple agreed that the mother and daughter would move into a local women's shelter. While this family has faced crisis after crisis, with the support of Back Door Mission it is finally finding ways to navigate the social assistance network.

For more than 20 years, Back Door Mission has helped to relieve the burdens of poverty and social dislocation experienced by those living in economically depressed circumstances in Oshawa. Over 100 people come to the doors of its downtown facility every day.

Its drop-in centre offers a welcoming space three afternoons a week where people can find shelter, companionship, and a snack or light meal. Says Don MacLeod, chair of the board, "The drop-in program provides an opportunity for community within a socially disconnected and often stigmatized population, and a place to find tangible help. This is a place where the poor, generally physically or mentally disabled in some form, can find friends and the experience of belonging."

If Mission & Service giving is already a regular part of your life, thank you so much! If you have not given, please join me in making Mission & Service a regular part of your life of faith. Loving our neighbour is at the heart of our Mission & Service.



SEPTEMBER 30

ORANGE SHIRT DAY: Every Child Matters

Orange Shirt Day is also an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come.