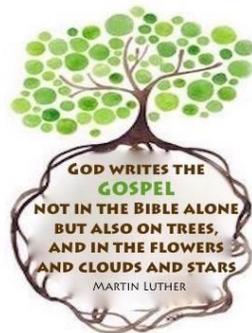


# Forest Hill United Church

**'open doors, open hearts, open minds'**



**10<sup>th</sup> Sunday after Pentecost  
July 29, 2018 10 am**

“I don’t always feel fierce and fearless,  
but I do feel like I’m a rock star at being human.”

-Tracee Ellis Ross

**WELCOME** to worship! It is good that you are here.  
Our worship leader is **Rev. Deborah Ambridge Fisher**.

Our music is led by music director **Alex Good**  
and the **FHUC Choir**.

Our greeters this morning are **Lorna McKnight**, **Joe Rideout** and **Ella**.  
Our teller is **Mary Grant**.

*At Forest Hill United Church, we acknowledge that our church is built on  
ancestral, traditional and unceded Wolastoqey land.*

*Forest Hill United Church is a safe place for people to gather, regardless  
of race, creed, age, cultural background, family status, sexual  
orientation and gender identity.*

## Gathering

*At the \*\*, please rise in body or in spirit.*

Prelude

Lighting of the Christ Candle

**\*\*Introit:** (*sung together twice*)

MV79

**Spirit, open my heart  
to the joy and pain of living.  
As you love may I love,  
in receiving and in giving,  
Spirit, open my heart.**

Welcome & Church News

Call to Worship:

- One: In the majesty of the mountain  
and the thunder of the waterfall,  
**All: we can see God’s glory.**  
One: In the call of the loon  
and the reflection of trees in still waters,  
**All: we can see Christ’s mercy.**  
One: In the rush of the river and the soaring of the eagle,  
**All: we can see the Spirit’s power.**  
One: In the truth of our past relations with our indigenous  
siblings and immigrants left unwelcome and alone,  
**All: We come in sorrow and lament.**  
One: So we come to worship the One who has the power to  
grant us mercy and forgiveness, to show us the way when  
we have stumbled and lift us all equally as beloved.  
**All: We come to give God thanks and praise  
and to offer ourselves  
as God’s faithful servants.**

*Adapted from the prayer by Jean Leckie, Heart Lake U.C., Brampton, Ont. The Gathering  
Pentecost Year B 2018 pg. 33. Used with permission.*

## Gathering Prayer

*(said by all in unison)*

Loving God of the Forest we come to you on these summer days, to worship in song, in prayer and in the private thoughts we kept locked away behind smiling faces. We come here today to open ourselves to Your Word, Your love and Your power. We come to remember Your creation in the sound of the wind whistling through the trees. We come to remember Your creation in the buzz of the bees amongst the flowers in the Children's Garden. We come to see the beauty of Your creation that lives within each of us. We come today, in thanksgiving and in love for all you have given us. Amen.

**\*\*Opening Hymn:** Dance with the Spirit MV 156

## Exploring

### Children's Time

**Prayer that Jesus Taught:** Tune of VU 959

Creator in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and forever.

VU 921 Ecumenical Version

## Words from Our Bible:

May Houston

John 6:1-21  
Psalm 14 VU Page 735  
2 Samuel 11:1-15

One: This is the Word of God for the people of God.

All: **Thanks be to God!**

**Special Music:** No Woman, No Cry by Bob Marley

## Reflection

**\*\*Hymn of Reflection:** Joyful, Joyful We Adore You VU 232

## Responding

### Presentation of Our Gifts

**\*\*Offering Verse:** *(sung together twice)* MV 191

What can I do? What can I bring?  
What can I say? What can I sing?  
I'll sing with joy. I'll say a prayer.  
I'll bring my love. I'll do my share.

### \*\*Prayer After Giving

### Prayers of Our Community

**(Sung response)** VU 400

**Lord, listen to your children praying,  
Lord, send your Spirit in this place;  
Lord, listen to your children praying,  
send us love, send us power, send us grace!**

**\*\*Closing Hymn:** Be Still, My Soul VU 652



**Scripture Readers** are needed each week to assist during Worship Services. For the next few weeks May Houston (455-7715) will be coordinating the readers. Please help her by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (√), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the Chart.

**Ushers/Greeters needed:** Please check your schedule to see if you are available for one or more Sundays to help out with set up and greeting our congregation on Sunday mornings. Signup sheet is on the back table. If you have any questions please feel free to ask me. Many thanks. Lorna McKnight

## Community Events

**Needed immediately** Due to flooding, 3 dressers, kitchen table and chairs and bedding are needed immediately. A washer (in reasonably good shape) and another kitchen table and chairs are needed. If you, or if you know of someone who can supply any of these needs, please contact Rose Marie Hughes (472-4314) or leave a message at Greenwood Baptist 452-8593

**Pride Fredericton** is looking for volunteers for August 12. Contact Jean Fisher for details.

**SUMMER HYMN SINGS** - Do you enjoy lively hymn singing? Why not join us for the last of our series of summer hymn sings on Tuesday, August 21st at 7 pm at Brunswick Street Baptist Church. We sing your choices accompanied by organist, David Steeves and pianist, Leah Steeves. After an hour of singing join us for an ice cream sandwich and conversation. All are welcome.

## Minute for Mission Feeding Body and Soul

Our gifts for Mission & Service, alongside our emergency appeal funds, support Haitian farmers in the wake of Hurricane Matthew.

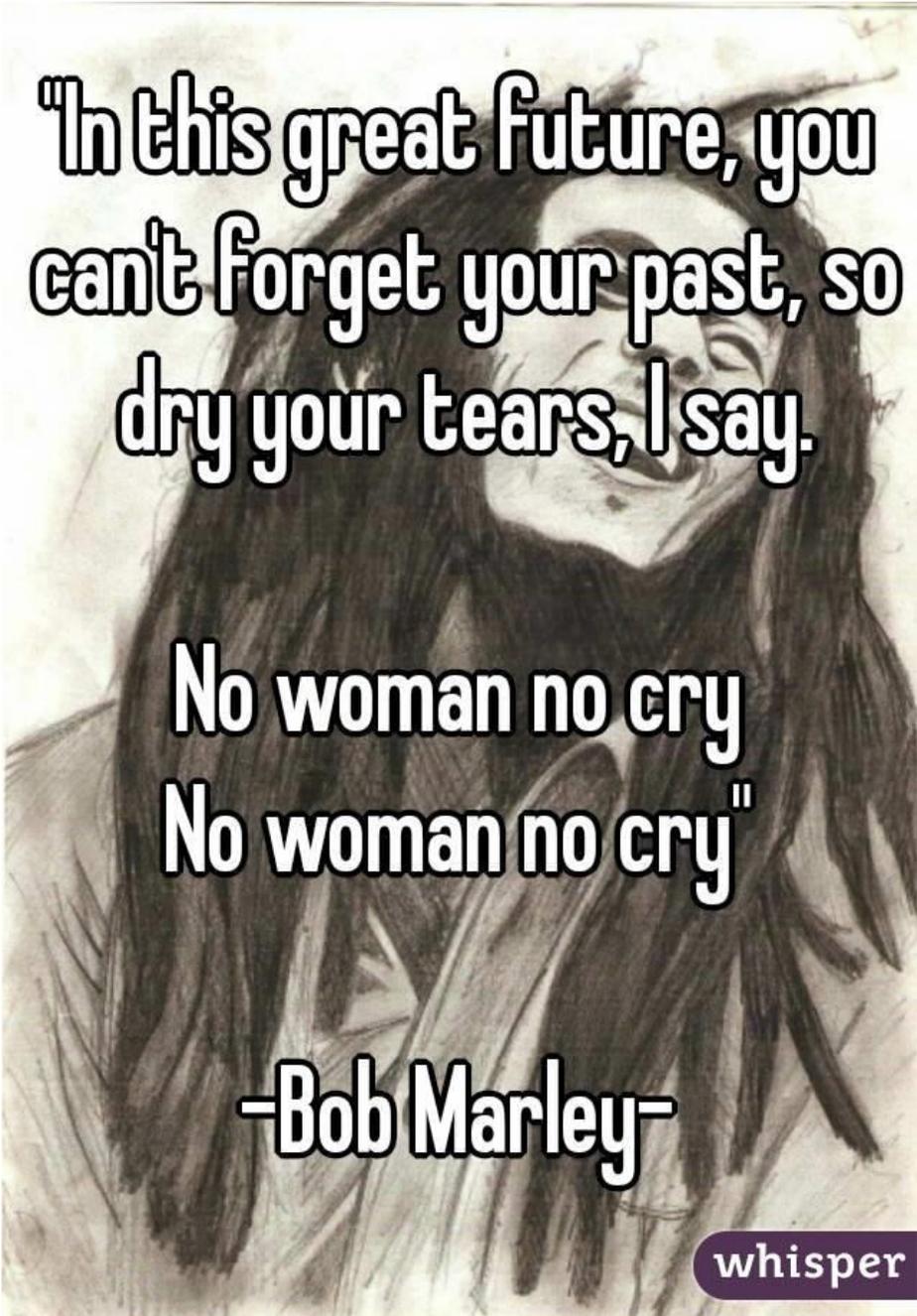
On the night of October 3, 2016, Hurricane Matthew tore through the southwest region of Haiti. Powerful winds and torrential rain washed away fields, livestock, and homes and ripped roofs off houses, churches, and schools. The only bridge linking the region to the rest of the country was destroyed. Suddenly, farmers who had been exporting agricultural produce could no longer feed even their own families.

People of The United Church of Canada responded generously. The money raised was divided among Mission & Service partners in Haiti: the Methodist Church in Haiti, ACT International (an ecumenical emergency and development coalition), and the Institut Culturel Karl Lévêque (ICKL). \$25,000 was directed to ICKL, a popular education and development agency that is a long-time United Church partner.

ICKL used these emergency funds from the United Church to purchase rice, maize, beans, and cooking oil and to truck it over nearly impassable roads to communities where people had gone for days without food or shelter from the heavy rain. The food was distributed not only to groups associated with ICKL but also to the wider community. "They were hungry, too," the farmers say.

It is this spirit of cooperation, mutual support, and self-sufficiency that ICKL encourages and nurtures through its training and group animation workshops that are supported by our ongoing gifts for Mission & Service. Mission & Service supports our ongoing partnership with ICKL and its work that feeds both body and soul.

If Mission & Service giving is already a regular part of your life, thank you so much! If you have not given, please join me in making Mission & Service giving a regular part of your life of faith. Loving our neighbour is at the heart of our Mission & Service.



**"In this great future, you  
can't forget your past, so  
dry your tears, I say.**

**No woman no cry  
No woman no cry"**

**-Bob Marley-**

whisper