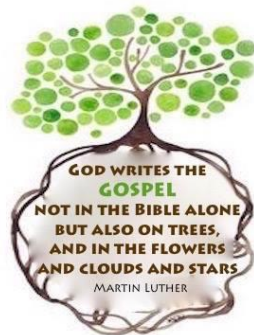


Forest Hill United Church

'open doors, open hearts, open minds'



**8th Sunday after Pentecost
July 15, 2018 10 am**

I Worried

“I worried a lot. Will the garden grow, will the rivers
flow in the right direction, will the earth turn
as it was taught, and if not how shall
I correct it?

Was I right, was I wrong, will I be forgiven,
can I do better?

Will I ever be able to sing, even the sparrows
can do it and I am, well,
hopeless.

Is my eyesight fading or am I just imagining it,
am I going to get rheumatism,
lockjaw, dementia?

Finally I saw that worrying had come to nothing.
And gave it up. And took my old body
and went out into the morning,
and sang.”

– Mary Oliver, Swan: Poems and Prose Poems

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WELCOME to worship! It is good that you are here.
Our worship leader is **Rev. Deborah Ambridge Fisher.**
Our music is led by music director **Alex Good**
and the **FHUC Choir.**
Our greeter this morning is **Annemarie Manson,**
and our teller is **May Houston.**

*At Forest Hill United Church, we acknowledge that our church is built on
ancestral, traditional and unceded Wolastoqey land.*

*Forest Hill United Church is a safe place for people to gather, regardless
of race, creed, age, cultural background, family status, sexual
orientation and gender identity.*

Gathering

At the **, please rise in body or in spirit.

Prelude

Lighting of the Christ Candle

****Introit: (sung together twice)**

MV79

**Spirit, open my heart
to the joy and pain of living.
As you love may I love,
in receiving and in giving,
Spirit, open my heart.**

Welcome & Church News

Call to Worship:

When we come to this place,
what are we looking for?
When we gather together,
what do we hope to find?

Community?

Caring?

Christ?

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continued----->

When we come to this place,
what are we bringing?
When we gather together,
what do we hope to offer?

Our loves?

Our lives?

Ourselves?

Whatever you're looking for,
whatever you bring, know this:
this is God's home,
you are God's beloved,
and you are welcome here.

Let us worship God!

*Richard Bott, Dunbar Ryerson P.C., Vancouver, B.C. The Gathering Pentecost Year B 2018
pg. 33. Used with permission*

Gathering Prayer

(said by all in unison)

Every moment is a new beginning with you, God.
Every second a reminder
of your love!
Bless our shouts,
bless our words,
bless our songs,
that they might become actions
filled with the promise of the life
that you are in us.
May it ever be! Amen.

*Richard Bott, Dunbar Ryerson P.C., Vancouver, B.C. The Gathering Pentecost Year B 2018
pg. 38. Used with permission*

****Opening Hymn:** This Is the Day

VU 412

Exploring

Children's Time

Prayer that Jesus Taught:

Tune of VU 959

Creator in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and forever. Amen.

VU 921 Ecumenical Version

Words from Our Bible:

William Hughes

Mark 6:14-29

Psalm 24 VU Page 750

2 Samuel 6:1-5, 12b-19

One: This is the Word of God for the people of God.

All: Thanks be to God!

Special Music: Don't Worry Be Happy by Bobby McFerrin

Reflection Not everyone loves David. We worry.

****Hymn of Reflection:** Draw the Circle Wide

MV 145

Responding

Presentation of Our Gifts

****Offering Verse:** *(sung together twice)* MV 191

What can I do? What can I bring?
What can I say? What can I sing?
I'll sing with joy. I'll say a prayer.
I'll bring my love. I'll do my share.

****Prayer After Giving**

Prayers of Our Community

(Sung response) VU 400

**Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
send us love, send us power, send us grace!**

****Closing Hymn:** I Danced in the Morning VU 352

****Sharing the Light**

****Commissioning and Benediction**

****Choral Amen:** *(sung together twice)* VU 298

**When you walk from here,
when you walk from here,
walk with justice, walk with mercy,
and with God's humble care.**

Postlude

Please join us for coffee and conversation after worship!

OFFICE HOURS

(506) 455-0988 | foresthillunited.com

Administrative Assistant - **Kris Yarych**
Tuesdays & Thursdays from 12:45 - 3:45 pm
foresth.office@bellaliant.com

Minister - **Rev. Deborah Ambridge Fisher**
Monday, Tuesday and Thursday 1-4, and any other time by appointment
email revdeborahfhuc@gmail.com (506) 999-4189 [cell]

Church News

COMING UP @ FHUC

Bible Study	12:30 Sundays, bring your own lunch.
Quilt Group	Mondays 10:00 am -12:00 pm Upper Room
Theology on Tap	Monday July 16 from 8:00 – 10:00p.m.

Thank you to those who signed up to help with the Go Project food supplies. Please make sure to drop those supplies here by tomorrow Monday July 16.

Forest Church will be for all the Sundays in July. We are looking for volunteers to get dirty and have fun.

Bible Study will take place on Sundays at 12:30. Please bring your own lunch.

Theology on Tap Please join us at Dolan's Pub on the third Monday of July (the 16th) from 8:00 pm to 10:00 pm.

BBQ at the Manse on July 21st, at 4:00 p.m. hosted by Rev. Deborah and John. Bring your own chair.

Interchurch Refugee Committee. As Presbyteries wind down, so do their subcommittees. Notably the Interchurch Refugee Committee will finish its work at the end of July when the most recent sponsored family will be on their own. If you have made monetary contributions through FHUC in the past, we sincerely thank you. However, we are no longer able to process any more contributions.

Anyone interested in Church land use issues should check the United Church Observer website. Click on “features” then “Faith” for the article “How Churches are saving themselves through real estate” (by Mike Milne, April 2018). The April edition of the Observer magazine is available in the FHUC library. The article can be found on pages 38-40 under the title “Working the land”.

Fair Trade Coffee a new order has arrived. A portion of the purchase price will support outreach activities at Forest Hill. Check with John Neville for details

Scripture Readers are needed each week to assist during Worship Services. Please help Patricia Powell (455-8602), who coordinates readers, by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (✓), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the Chart.

Ushers/Greeters needed: Please check your schedule to see if you are available for one or more Sundays to help out with set up and greeting our congregation on Sunday mornings. Signup sheet is on the back table. If you have any questions please feel free to ask me. Many thanks. Lorna McKnight



Just a friendly reminder that Forest Hill United Church is a **scent-free environment**. Strong scents, aftershave lotions and perfumes have an effect upon others with allergies and asthmatic problems. No scents make good sense.

Community Events

The Fredericton Region Museum is hosting summer camps, beginning on July 3 and ending on August 3 for children ages 8-11. There are 3 free slots each week for underprivileged children. Please see the bulletin board for more information.

SUMMER HYMN SINGS - Do you enjoy lively hymn singing? Why not join us for our series of summer hymn sings to be offered on the third Tuesdays July (17) and August (21) at 7 pm at Brunswick Street Baptist Church. We sing your choices accompanied by organist, David Steeves and pianist, Leah Steeves. After an hour of singing join us for an ice cream sandwich and conversation. All are welcome.

Pride Fredericton is looking for volunteers for August 12. Contact Jean Fisher for details.

The Food Bank continues to thank you for the support you've given us, but also wants to ask you to consider giving of your time and skills. We run our organization through many thousands of volunteer hours, and we could always use more. If you are interested in helping us, we have many different ways to help: clothing boutique sales and support, client interaction, warehouse stocking, garden/greenhouse work, as well as any and all use for professional skills in the areas of graphic design, public relations, IT work, nutrition, and many other skills. Please contact us at volunteer@greenervillage.org if you are able to help.

Cancelled Stamps: The church collects cancelled stamps for the Canadian Bible Society. To be used, each stamp must have 1/8" to 1/4" envelope/paper around it. There is no need to save the entire cancellation mark. Please place stamps in the drawer at the back of the sanctuary. 1 pound of stamps = 1 Bible



Minute for Mission

Hope under Occupation

Our gifts for Mission & Service support Palestinians in Gaza. About 1,300 Christian Palestinians live in the Gaza Strip, enduring three wars in five years along with their Muslim neighbours. Israel controls the land, sea, and air around Gaza, with one crossing into Egypt through Rafah controlled by Egypt and monitored by the European Union in coordination with Israel. The Near East Council of Churches (NECC) works in Gaza with both communities, focusing on providing education and health care to a population under blockade.

In Gaza City, the NECC operates apprenticeship programs for young men and women to develop skills such as fashion design and aluminium engineering. Yet even these programs are adversely affected by the blockade. For example, not all the materials needed for aluminium housing are allowed into Gaza.

The NECC also operates three primary health care clinics in Gaza, serving over 150,000 people. The clinic in Shijaia (built with contributions from Canadian churches and CIDA, among others) was destroyed in 2008 during Israel's Operation Cast Lead and has since been rebuilt. At these clinics, patients receive primary health care, antenatal and postnatal care, malnutrition and anemia treatment, psychosocial support particularly for children, family planning services, and dermatological care. The latter was recently introduced due to the high prevalence of skin diseases as a result of the effects of war and the poor water quality in Gaza.

Through these programs, the NECC gives hope to a civilian population facing blockade, unemployment, poverty, and frequent wars.

If Mission & Service giving is already a regular part of your life, thank you so much! If you have not given, please join me in making Mission & Service giving a regular part of your life of faith. Loving our neighbour is at the heart of our Mission & Service.