

# Forest Hill United Church

*'open doors, open hearts, open minds'*



**3<sup>rd</sup> Sunday of Easter**  
**April 15, 2018 10 am**

*“We are a rainbow, sign of covenant and peace,  
for the flood of tears will finally cease to be,  
come shine your rainbow, splash your hues across the sky,  
paint the world in colours proud and bold and free.”*  
*Chorus from We Are a Rainbow by David Kai*

**ELCOME** to worship! It is good that you are here.  
Our worship leader is **Rev. Deborah Ambridge Fisher**.  
Our music is led by music director **Alex Good**  
and the **FHUC Choir**.  
Our greeter this morning is **May Houston**.  
Our Sunday School Teachers are **Shelley Clayton** and **Joan Mitchell**.  
Our hospitality host is **Jennifer Abbott**  
and our tellers are **Bob Fisher** and **Lorna McKnight**.

*At Forest Hill United Church, we acknowledge that our church is built on  
ancestral, traditional and unceded Wolastoqey land.*

*Forest Hill United Church is a safe place for people to gather, regardless  
of race, creed, age, cultural background, family status, sexual  
orientation, and gender identity.*

## Gathering

At the \*\*, please rise in body or in spirit.

Prelude

Lighting of the Christ Candle

\*\*Introit: *(Sung Together twice)*

MV2

**Come all you people,  
come and praise your Maker,  
come all you people,  
come and praise your Maker,  
come all you people,  
come and praise your Maker,  
Come now and worship the Lord.**

Welcome & Church News

Call to Worship:

One: Christ is risen!

**All: Now what?**

One: The disciples clung to each other.

They huddled in the upper room, waiting.

**All: Would the authorities come to take them, too?**

One: Instead, Jesus himself appeared, despite the locked door.

**All: What next?**

One: Next came doubts and questions,

assurances and instructions, and a last word:

**All: “Blessed are those who have not seen  
and yet have come to believe.”**

One: Christ is risen! Now what?

**All: Now we come together to wait for him.**

One: May the risen Christ bless us

as we worship what we have not seen, yet believe.

Let us pray...

Written by Sarah Magie. March 28, 2018

## Gathering Prayer

*(said by all in unison)*

We come before you, Holy Friend, with the greetings of the risen Christ still ringing in our ears!  
You have done great things for us,  
though we barely understand them.  
You have done great things for us,  
though we sparingly share their riches.  
You have done great things for us,  
though we rarely live in their full glory.  
Today, in this ongoing season of Easter,  
please let the Spirit of Christ surprise us again,  
with all his deathless truth and grace,  
and raise us up from the ordinary of everyday life  
into the extraordinary of life in Christ.  
In the name of the risen Christ, we pray.

AMEN

Written by Sarah Magie. March 28, 2018

## \*\*Opening Hymn:

*(see insert)*

We Are a Rainbow Words and music by David Kai ©2017

## Exploring

### Children's Time

\*\*Song of Praise: My Love Colours Outside the Lines MV 138

*After the first verse the children and teachers will  
leave for Sunday School*

### Words from Our Bible:

Jean Fisher

Acts 3:12-19  
Psalm 4 VU 727  
Luke 24:36b-48

One: This is the Word of God for the people of God

All: **Thanks be to God!**

**Special Music:** The Sound of Silence by Simon & Garfunkel

## Reflection

\*\*Hymn of Reflection: Love Divine, All Loves Excelling VU 333

## Responding

### Presentation of Our Gifts

\*\*Offering Verse: *(Sung Together)*

VU 958

Halle, halle, hallelujah!  
Halle, halle, hallelujah!  
Halle, halle, hallelujah! Hallelujah! Hallelujah!  
*(Repeat x 2)*

### \*\*Prayer After Giving

Generous and surprising God,  
when we thought that death  
had claimed your only Son,  
you amazed us with the resurrection.  
Surprise us again  
with your ability to turn these humble offerings  
into gifts that will transform the world  
through our witness to your love.  
We lay our very lives at your feet, O God,  
knowing that you will use us  
to proclaim and embody the gospel. AMEN

Written by Sarah Magie. March 28, 2018

### Prayers of Our Community

God of resurrection,  
**Hear our prayer.**

## Prayer that Jesus Taught:

Tune of VU 959

Creator in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and forever. Amen.

VU 921 Ecumenical Version

**\*\*Closing Hymn:** In You There Is a Refuge MV 84

**\*\*Sharing the Light**

**\*\*Commissioning and Benediction**

**\*\*Choral Amen:** (*Sung Together*) VU 974

**Amen! Amen! Hallelujah, amen!**  
(*repeat x 2*)

**Postlude**

***Please join us for coffee and conversation  
after worship!***

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### OFFICE HOURS

(506) 455-0988 | [foresthillunited.com](http://foresthillunited.com)

Administrative Assistant - **Kris Yarych**  
Tuesdays & Thursdays from 12:45 - 3:45 pm  
[foresth.office@bellaliant.com](mailto:foresth.office@bellaliant.com)

Minister - **Rev. Deborah Ambridge Fisher**  
Monday, Tuesday and Thursday 1-4, and any other time by appointment  
email [revdeborahfhuc@gmail.com](mailto:revdeborahfhuc@gmail.com) (506) 999-4189 [cell]

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## Church News

### COMING UP @ FHUC

<b>UCW Meeting</b>	April 16 at 2 p.m. at Doreen Kissick's home
<b>Theology on Tap</b>	Tuesday April 17 <sup>th</sup> 8:00 pm at Dolan's Pub
<b>Movie Night</b>	Friday April 20 <sup>th</sup> at 7:00 pm "The Shack"
<b>Quilt Group</b>	Mondays 10:00 am -12:00 pm Upper Room
<b>Choir Practice</b>	Sundays 9:30 and 11:30-12:30 in the Choir Room

**The Sunday school** is looking for "dip" pens to borrow for use in lessons in May. These would be any type of pen that you dip into liquid ink in order to write with (anything from quills on up). We also have several nibs that are missing pens, so if you have pens missing nibs these would also be useful. We're also looking for liquid ink in a colour other than black. Please contact Margie Roxborough (455-0576) for more information.

**Theology on Tap** please join us at Dolan's Pub on the third Tuesday of every month from 8:00 pm to 10 pm. Our next gathering is April 17<sup>th</sup>

**UCW Meeting** to be held on Monday, April 16<sup>th</sup> at 2 p.m. at Doreen Kissick's home, 792 Burden St. This meeting is to discuss details of the Annual Rally to be held at Forest Hill on Saturday April 28<sup>th</sup>.

**Movie Night** Friday April 20<sup>th</sup> 7:00 pm "The Shack" Length: 132 min. mature theme, violence, disturbing content

**Fair Trade baking supplies.** We now have the following Camino baking supplies for sale: Brown sugar (\$9/1kg), chocolate chips, semi-sweet or bittersweet (\$7/225g), shredded coconut (\$6/200g), baking chocolate, unsweetened, bittersweet or semi-sweet (\$9/200g). For each item, 1/2 the purchase price will support outreach activities at Forest Hill.

**50<sup>th</sup> Anniversary Hymn-Sing and Concert**, May 27<sup>th</sup>, 7:00p.m. Please email or fill out a form after the service, if you would like to request a favourite hymn. Requests must be received by May 1<sup>st</sup>. Suggested donation per hymn choice is \$20. An income tax receipt will be provided on request.

**HIKE for HOSPICE** will take place on Sunday 6<sup>th</sup> of May 2018 starting at 1.00pm. from Killarney Lodge. If you are interested in being a part of the Forest Hill Team please speak to Jennifer for more information or to receive a donor form and to register.

**It is sometimes necessary to cancel services** due to serious storms. A decision to cancel is made very early in the day. We put cancellation notices on our main telephone number (455-0988) and send an email to congregation members no later than 8:30 am. We also post cancellations on our Facebook page (viewable on the left side of our main web page).

**Scripture Readers** are needed each week to assist during Worship Services. Please help Patricia Powell (455-8602), who coordinates readers, by indicating on the Reader Chart on the table by the kitchen, which Sundays you would be available to read (✓), if needed, and also when you would not be available (x). New readers are most welcome, and names can be added to the chart.

**Ushers/Greeters needed:** Please check your schedule to see if you are available for one or more Sundays to help out with set up and greeting our congregation on Sunday mornings. Signup sheet is on the back table. If you have any questions please feel free to ask me. Many thanks. Lorna McKnight

## Community Events

**Godly Play Core Training for Storytellers & Doorpersons 2018** Core Training at Nashwaaksis United Church, NB April 21, and May 5. *There are a lot of things you can learn from a book or a lecture, but Godly Play is best learned from the inside out...* Learn about the different kinds of Godly Play stories; tell a story by heart and receive supportive feedback; learn the fundamentals of setting up your own Godly Play space and program. To learn more or register go to [www.godlyplaymaritimes.com](http://www.godlyplaymaritimes.com) or reach out to Rev. Priscilla [geisterferp@hotmail.com](mailto:geisterferp@hotmail.com)

**Elvis Gospel Concert.** All are invited to hear "The Gospel Side of Elvis" Sunday, April 22<sup>nd</sup> at 3:00 p.m. in the Wilmot United Church Sanctuary. Join Mike Bravener as he sings your favourite gospel tunes. Proceeds to support youth ministry. Light refreshments served by UCW. Free will offering.

**Greenwood Drive Baptist Church** is pleased to announce that we will be holding a special music evening on April 29<sup>th</sup>, 2018 at 7p.m. at Greenwood Drive Baptist Church at 150 Greenwood Drive, Fredericton with special musical guests - Infinitely More. Come out and bring your friends to hear some of their original music, favorite hymns and uplifting stories. Please check them out at [www.InfinitelyMore.ca](http://www.InfinitelyMore.ca) or Facebook at 'Infinitely More' We will be taking a love offering to benefit the Greenwood Drive Baptist Church Summer Children's Ministries.

**UCW Bridge Luncheon** will be held on Thursday, May 3<sup>rd</sup>, at 12 noon at Nashwaaksis United Church, 46 Main Street. Please contact Connie – 472-4744 to reserve your table at a cost of \$40. Hope to see you all there!

**Run for the Word 2018** will be held on June 2 in Fredericton at Wilmot Park. This is one of the few annual fund raisers that the **Canadian Bible Society** hosts locally. It gives us the opportunity to help provide scripture resources used in Canadian ministry with youth camping, armed forces, prisoners, indigenous people, refugees and migrants and others. This is an excellent opportunity for some exercise (run or walk 1K or 5K), fellowship, fresh air, get prizes, enjoy a barbecue and make a difference with God's Word. Please, mark your calendar, pray for the event and consider how you and a friend may participate. More info will follow. Bill MacMullin, event coordinator, 238-5034, [canonbill@gmail.com](mailto:canonbill@gmail.com)

**The Food Bank** continues to thank you for the support you've given us, but also wants to ask you to consider giving of your time and skills. We run our organization through many thousands of volunteer hours, and we could always use more. If you are interested in helping us, we have many different ways to help: clothing boutique sales and support, client interaction, warehouse stocking, garden/greenhouse work, as well as any and all use for professional skills in the areas of graphic design, public relations, IT work, nutrition, and many other skills. Please contact us at [volunteer@greenerivillage.org](mailto:volunteer@greenerivillage.org) if you are able to help.

## Minute for Missions Mission & Service 101

Have you ever wondered what Mission & Service really is? Where did it come from? Well, I am going to tell you!

Mission & Service is how we live out the call of the church to do God's mission.

Mission & Service wasn't always called Mission & Service. Before 1925, the three original denominations that joined to create The United Church of Canada—Presbyterians, Methodists, and Congregationalists—saw mission as an important part of church life and supported it in many ways.

Since church union, the name for the way we support the mission and service of the church has gone through many changes: first came the Woman's Missionary Society along with the Home and Global Mission Boards, then the Missionary and Maintenance Fund, and later the Mission and Service Fund. Now, it is simply the Mission & Service of The United Church of Canada.

Mission & Service is not a separate fund within the church. It is the foundation of how we offer healing and hope in a hurting world. Mission & Service supports education programs; women's empowerment; food, housing support, and advocacy to alleviate poverty; assistance for theological students, lay leaders, and camping; congregational support; healing the relationship between Indigenous and non-Indigenous people; youth programming like Rendez-vous, and much more!

Mission & Service is the heart and soul of The United Church of Canada.

If you already give, thank you so much. If you do not give, please join me in making Mission & Service a regular part of your life of faith!

Loving our neighbour is at the heart of our Mission & Service.

[Matched with a companion video, "Perfect Little Thing." View or download at [www.youtube.com/unitedchurchofcanada](http://www.youtube.com/unitedchurchofcanada).]

When to keep your mouth shut (according to the Bible)

**Proverbs 21:23 "Whosoever keepeth his mouth and his tongue, keepeth his soul from trouble."**

1. In the heat of anger. Proverbs 14:17
2. When you don't have all the facts. Proverbs 18:13
3. When you haven't verified the story. Deuteronomy 17:6
4. If your words will offend a weaker person. 1 Corinthians 8:11
5. If your words will be a poor reflection of the Lord or your friends and family. Peter 2:21-23
6. When you are tempted to joke about sin. Proverbs 14:9
7. When you would be ashamed of your words later. Proverbs 8:8
8. When you are tempted to make light of holy things. Ecclesiastes 5:2
9. If your words would convey a wrong impression. Proverbs 17:27
10. If the issue is none of your business. Proverbs 14:10
11. When you are tempted to tell an outright lie. Proverbs 4:24
12. If your words will damage someone's reputation. Proverbs 16:27
13. If your words will destroy a friendship. Proverbs 25:28
14. When you are feeling critical. James 3:9
15. If you can't speak without yelling. Proverbs 25:28
16. When it is time to listen. Proverbs 13:1
17. If you may have to eat your words later. Proverbs 18:21
18. If you have already said it more than one time (then it becomes nagging) Proverbs 19:13
19. When you are tempted to flatter a wicked person. Proverbs 24:24
20. When you are supposed to be working instead. Proverbs 14:23

# We Are a Rainbow

Words and music by David Kai ©2017

We're the light of all the world, we are a city on a hill,  
We're a candle on a stand proclaiming light,  
We will not hide our lamp beneath a bushel any more,  
We will shine a ray of hope that's burning bright.

Chorus:

We are a rainbow, sign of covenant and peace,  
For the flood of tears will finally cease to be,  
Come shine your rainbow, splash your hues across the sky,  
Paint the world in colours proud and bold and free.

We're a coat of many colours, sewn from many different threads,  
covering all in warmth, in welcome and in grace,  
God said "Let there be light", created every varied shade,  
In the rainbow each of us can find a place.

Chorus

We are hope to still believe in tomorrow's better day,  
We are peace in a world that's torn apart,  
We are joy that will last in all the struggles that we face,  
We are love that blooms and grows in every heart.

Chorus

When we face the storms of life, we will never be alone,  
For our God will be with us on the way,  
Hand in hand, side by side, we won't be frightened any more,  
As the mourning night of tears breaks into day.

Chorus